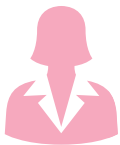




# American Cancer Society Recommendations for the Early Detection of Breast Cancer

Guideline for women at *average risk* for breast cancer



## **Ages 40 – 44**

Women should have the choice to start annual breast cancer screening with mammograms if they wish to do so.



## **Ages 45 – 54**

Women should get mammograms every year.



## **Age 55 and older**

Women can switch to mammograms every two years, or can continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.