



Ever think the Teen Brain was impossible to understand? Think again!

SAVE THE DATE for these 2 empowering workshops for parents and educators

Tuesday, May 2, 2017

**College of Southern MD, Prince Frederick Campus
Building B, Conference Center**



Recent discoveries in neuroscience offer exciting insights into how teen brains really work.

Session 1: 2:30 to 5:30 p.m.

Giving a Fish a Bath: The Untold Story of the Adolescent Mind

Participants will learn:

- the unique “brain-based” challenges facing adolescents and why teens are especially vulnerable to drug use, high-risk peer influences, and depression;
- 7 essential strategies to help teens take optimal care of their brains and avoid high-risk behavior;
- the growing body of resources on brain-compatible counseling, guidance, mentoring, parenting techniques.

Pizza & Salad at 5:30 p.m.

Session 2: 6:00 to 9:00 p.m.

Change Your Language, Change Their Lives:

What You Can Say Differently Today to Transform the Tomorrows of Our Youth

Participants will learn:

- how to give directions and feedback to students that promote young people’s use of executive function skills rather than motivating student behavior through fear, threat or consequence;
- how to adapt their language to include affirmation, prediction of positive outcomes, and vision of a personalized compelling future that empowers youth with hope;
- about a 3-step process that significantly improves the young brain’s ability to respond to requests for changed behavior.

Participant workbook included.

Space is limited—RSVP by Tuesday, April 25th

to Lorraine Joyner via email at joynerlr@co.cal.md.us or by phone at 410-535-1600 x 8803.

Hosted by:

